

# *Grafton Rowing Club Inc.*

ESTABLISHED - 1882

**Club Colours: Black and Gold**

**ABN. 67 475 390 055**

## **CLARENCE RIVER ROWATHON – Saturday 31/7/10**

### **REGISTRATION**

All crews to assemble at Iluka bay at 7.15 am for the compulsory pre-rowathon briefing. **A representative of each crew will be required to sign the attendance record on behalf of his/her crew** before registration of individual rowers commences.

**Following the briefing, each rower is to register individually.**

Each participant will be given a name badge upon registration. These must be worn during the day, for identification / safety purposes.

### **EVENT PROGRAM**

7.15 AM

Briefing –**Compulsory -No excuses**

**7.20 AM**

Registration - Compulsory

7.30 AM

First boats on the water

**All boats to be on the water by 8.45am**

3.30 – 5 PM

Finish at Grafton Rowing Club

6 PM onwards

Dinner / Refreshments

Presentation of Certificates

### **SAFETY RULES**

1. No alcohol to be carried in any boat.
2. Know your position on the river.
3. In the event of capsize or other emergency, remain with your boat until help arrives.

### **MAPS**

Will be supplied at registration on the day. (Two kits per crew -One set for the boat, one set for the road vehicle). **PRIOR TO THIS A BRIEFING WILL TAKE PLACE. ATTENDANCE AT THIS BRIEFING IS COMPULSORY.**

### **DRESS TIPS**

It is advisable to “cover up” irrespective of weather conditions, and to apply 30+ sunscreen to your face and other exposed areas.

Hats with rear flaps, long sleeved shirts, socks and gloves (cotton disposable with finger tips cut out) are recommended. Long trousers/pants are optional – some say long winter pyjamas are good value! For all but the masochists, cushioned seats are essential.

### **SUSTENANCE**

**THERE IS NOT GOING TO BE AN ORGANISED LUNCH STOP.**

Please ensure you have sufficient nibbles (fruit, sandwiches, muesli bars etc) and **plenty of fluids** for the journey ( approx 6 hours )

**HAPPY ROWING**

**CREW / CLUB SUMMARY FORM**  
**(To accompany entry forms for each boat)**

I / we will be rowing in a: Single Scull \_\_\_\_\_  
Double Scull \_\_\_\_\_  
Pair \_\_\_\_\_  
Four \_\_\_\_\_  
Quad Scull \_\_\_\_\_  
Eight \_\_\_\_\_  
Other \_\_\_\_\_

(Please indicate number of rowers and attach individual entry forms – This information is required for us to organize operational details of the event – if your club is entering more than 1 boat we need to know who will be in each boat).

**CATERING SUMMARY**

**NOTE:** YOU ARE REQUIRED TO PROVIDE YOUR OWN LUNCH OR SUSTENANCE ALONG THE WAY. THERE IS NO DESIGNATED LUNCH STOP.

**PRESENTATION DINNER:**

**Venue:** Grafton District Services Club, Mary Street Grafton - After leaving Rowing Shed drive down Prince Street, turn left into Fry Street (near Ambulance Station – opposite Tennis Courts) continue through intersection with Queen St (stop sign) and Mary Street then right into parking lot at main entrance.

**Time:** 6pm for 6.30pm meal

**Cost:** Rowers' entry fee of \$45 includes smorgasbord dinner.

**Dinner extras:** Partners and support crew are welcome to attend the dinner at a charge of \$30 each. Please include payment with entry fees.

**Total number of dinner extras:** \_\_\_\_\_

**Names of dinner extras:**

.....  
.....  
.....  
.....

**PAYMENT**

Payment is to accompany your entries, and is non-refundable.

SIGNED:

CLUB / SCHOOL:

Complete, sign (both sides) and send this form **together with payment to reach the address shown by Friday 16th July 2010**: Grafton Rowing Club, PO Box 308, GRAFTON, 2460

**NB: Entries received without payment, and late entries will NOT be accepted**

Enquiries: Don Noble 02 6642 6389 (home) or donnoble@live.com

## ENTRY FORM

### CLARENCE RIVER ROWATHON

**ILUKA TO GRAFTON - APPROX 68 KMS - SATURDAY 31 JULY 2010**

#### Personal Details:

Surname \_\_\_\_\_

Given Names \_\_\_\_\_

Date of Birth \_\_\_\_\_ Preferred Name \_\_\_\_\_

Home Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone No's Home \_\_\_\_\_ Work \_\_\_\_\_ Fax \_\_\_\_\_

Postal Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Name of Rowing Club/School/Corporation \_\_\_\_\_

Can you swim to save yourself? Yes No

#### Emergency Contact Person:

Surname \_\_\_\_\_ Given Name \_\_\_\_\_

Address \_\_\_\_\_

Phone No's Home \_\_\_\_\_ Work \_\_\_\_\_ Mobile \_\_\_\_\_

I wish to enter the rowathon and agree to abide by the rules and regulations and by-laws as laid down from time to time by the Grafton Rowing Club. Enclosed is cheque payable to Grafton Rowing Club for:

**Entry Fee (Non-refundable) \$45**

**SIGNED:**

**DATE:**

**We can only accept your entry if you or your parent/guardian signs the waiver on the reverse of this form.**

Your entry will not be accepted unless this Agreement is completed, signed and witnessed. **A parent or legal guardian must complete and sign the agreement for the applicant if the applicant is aged under eighteen when this agreement is signed.**

## CLARENCE RIVER ROWATHON WAIVER OF LIABILITY AGREEMENT

**\* Delete whichever words are not applicable.**

**WARNING: By signing this form you give up your/ your child's\* right to sue**

TO THE FOLLOWING ENTITIES: ( hereinafter collectively referred to as " the Organisers ")  
Grafton Rowing Club, State Emergency Service, Yamba Surf Life Saving Club, all other involved authorities.

IN CONSIDERATION of Grafton Rowing Club accepting my / my child's\* application and permitting me/my child\* to participate in the Clarence River Rowathon

- ⇒ I HEREBY WAIVE any and all claims which I/my child\* may have now and in the future against the Organisers and release the Organisers from all liability whatsoever in respect of any injury, loss or damage whatsoever which I/my child\* may suffer from my/ his/ her\* participation in the Clarence River Rowathon.
- ⇒ I WILL ACCEPT full responsibility for any injury or accident provoked, contributed to or caused by my/my child's\* consumption of alcohol during the event.
- ⇒ I WILL ACCEPT full responsibility for any damage, loss or harm whatsoever caused by me /my child\* whilst I/my child\* participate(s) or am (is) involved in the Rowathon and indemnify the Organisers against any liability for such damage, loss or harm.
- ⇒ I ACCEPT for myself/ my child\* all risks of the above activity and the possibility of personal injury, death, property damage or other physical, mental or economic loss resulting therefrom.
- ⇒ I UNDERSTAND that this waiver operates for the period from the time the waiver is executed until the conclusion of the Rowathon and not merely during the period in which participants are rowing or otherwise involved in any activity associated with the Clarence River Rowathon.
- ⇒ I HEREBY CONSENT to such medical and emergency evacuation services as the Organisers in their absolute discretion deem necessary for my / my child's\* safety and well being.
- ⇒ IN ENTERING THIS AGREEMENT I do so of my own free will.
- ⇒ I CONFIRM and warrant that I am aged eighteen (18) years or over / the legal guardian of my child and that my child is in my legal care at the time of signing this Agreement\* and that I have read and understood this Agreement before signing it and understand that this Agreement is binding upon me, my heirs, next-of-kin, executors, administrators, successors, children, and any other person acting on my behalf.
- ⇒ I UNDERSTAND that entering into this Agreement is a pre-condition to acceptance of my/ my child's\* application to participate in the Clarence River Rowathon.
- ⇒ I AGREE that this Agreement shall be governed in all respects by and shall be interpreted in accordance with the laws of the State of New South Wales.

DATED this \_\_\_\_\_ day of \_\_\_\_\_ 2010.

- NAME: \_\_\_\_\_ WITNESS' NAME: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_ WITNESS' ADDRESS: \_\_\_\_\_
  
- SIGNATURE: \_\_\_\_\_ WITNESS' SIGNATURE: \_\_\_\_\_